CITY OF • 31ST ANNUAL

CARLSBAD TRIATHLON & WELLNESS WEEKEND

2012

EXPO SATURDAY

July 7 10 a.m. to 3 p.m.

Westfield Plaza Camino Real Parking Lot

- Demonstrations
- Health Screenings
- Wellness Products for Body, Mind & Life
- Blood Drive
- Shredding & E-Waste

Westfield® Plaza Camino Real

AVR Recycling · Shred-it · San Diego Blood Bank

TRIATHLON SUNDAY July 8

SWIM BIKE RUN

REGISTER NOW!

760-602-7519

www.carlsbadtriathlon.com

Moment Cycle Sport · Richard Duquette 911Law.com Bicycle Injury Lawyer · Sprint Preferred Retailer · Jimbo's ...Naturally! · WM Waste Management · TGI Fridays · Sparkletts · Brian Long TIBhomesales.com · San Diego County Credit Union

CITY OF CARLSBAD

Volunteer for the event

Call 760-602-7511 or e-mail natalie.alegre@carlsbadca.gov